

ELEMENTS

152 by 208 Mesh

8.35" by 11.5" worked on #18 Mono Canvas

Welcome Students to Elements which offers an interesting finishing to your work. You can leave it as a piece of needlework and finish it as a pillow, place it in a tray or have it framed.

However, I am offering it finished as a Snap Tray, with finishing instructions included.

I am including a supply list of materials on the following page in two different colour ways that I used. However, you are welcome to switch the colours to your own colour palate. Nevertheless, do try and keep the same weights of the threads. For example #5 Perle Cotton and Vineyard Silk can be interchanged easily. Soie Cristale can be changed for Soie d'alger or even DMC Floss.

Use Watercolours (Overture) as your guide for choosing all the other fibres. Watercolours offers an easy way of putting a colour palate together. Open the skein so you can view what colours are in thread and then choose your Perle cottons, braids, etc. Since it is a hand dyed thread you may have to adjust the colours from what I have suggested, due to dyeing differences.

The crystals listed may not be available anymore, but there are other crystals that can be used, so I recommend that you go to a bead store with your fibres and the materials list to match up your colour list. I would wait until I had completed the piece before purchasing the backing fabric.

A Stitching Shop in Denver, CO has made kits for this course before and if you want one of the two colours I have listed I am sure Christine would be very willing to assist you.

My other piece of advice is when you receive your first lesson either print the **Outline Chart** on a 17" by 11" piece of paper or have it printed at your favourite printers. Since it is the outline of your design and you do want to read it with ease, you may want it even larger!

Information for Elements is on Page 3. With your first lesson you will receive some general information and a Section called **Stitching for Perfection**, which contains many helpful tips. The instructions are a total of 43 pages plus overall chart. They are divided in a total of 4 Lessons and each Lesson will contain those instructions.

I look forward to meeting you all.

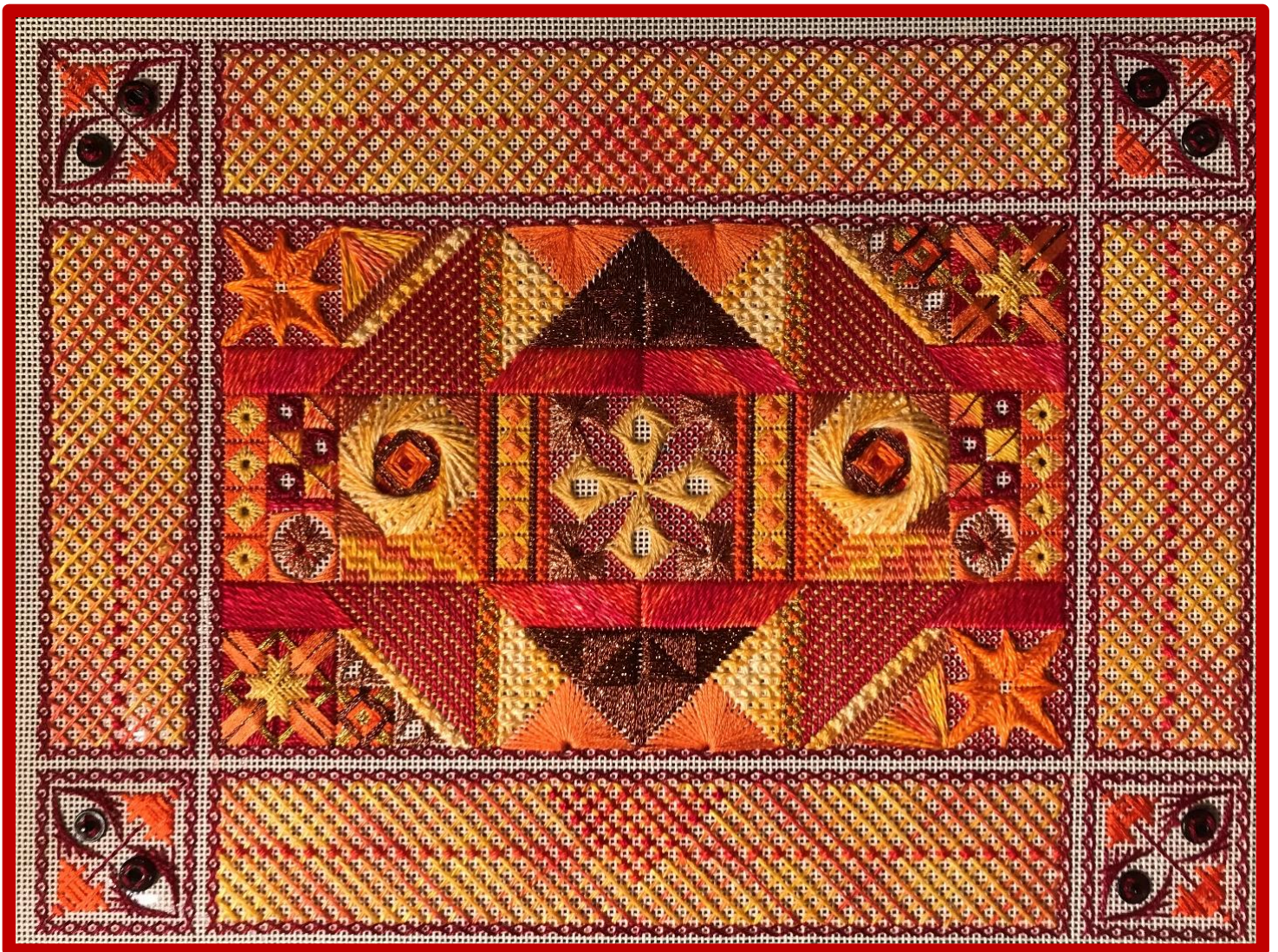
Happy Stitching,

Carolyn Mitchell

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Materials	Quantity	Colour "Fire"	Colour "Earth"	
#18 Mono Canvas by Zweigart	13" by 16"	Eggshell	French Blue	check mark
Watercolours by Caron Collection	1 skein	Bittersweet	Iris	
Watercolours by Caron Collection	1 skein	Calabasa	Oasis	
Soie Cristale by Caron Collection	1 skein	3024	Splendor S834	
Soie Cristale by Caron Collection	1 skein	3022	Splendor S880	
Impressions by Caron Collection	1/3 skein	3015	5045	
Perle Cotton #5 by DMC	1 skein	498	327	
Perle Cotton #5 by DMC	1 skein	971	911	
Perle Cotton #5 by DMC	1 skein	301	959	
Perle Cotton #8 by DMC or 3 cards	6- 30" strands	498	Elegance E808	
Perle Cotton #8 by DMC	1 ball	725	1 skein of Floss 964	
Floss by DMC	1 skein	498	327	
Braid #12 by Kreinik	1 reel	27	029HL	
Neon Rays by Rainbow Gallery	1 Card	NP51	NP31	
Vienyard Silk by Threadworx	1 skein	V163	(VT810) C234 Celery	
Braid #12 by Threadworx	1 skein	910720	910788	
Classic Silk by Vineyard	1 skein	026 Nectrine	084 Snorkel	
Margarita 8mm Crystals by Swarovski	4	Siam or Ruby	Light Aqua	
Bicones 4mm by Swarovski	8	Light Topaz	Amethyst	
Bicones 4mm by Swarovski	2	Padparadscha	Light Amethyst	
Bicones 3mm by Swarovski	14	Light Topaz	Amethyst	
Seed Beads by Mill Hill	1 pkg	330	2020	
Seed Beads by Mill Hill	20 beads	3005	10028	
Snaps 11mm	4	Silver	Silver	
Tapestry Needles	3	22,24,26		
MATERIALS YOU WILL REQUIRE				
1 Pair of 13" and 1 Pair of 16" Stretchers Bars		Sewing Machine	Iron and Ironing Board	
60 Brass Tacks		Fusible Interfacing 14" by 10"	Embroidery & Fabric Scissors	
Laying tool or Trolley needle		Coordinating Fabric 15" by 11"		
Counting Pins		Stiff Interfacing (such as Tim Tex)		
Masking Tape and a Measuring Tape		Sewing Thread	Device to hold your frame	

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CAROLYN MITCHELL DESIGNS

